

YOUTH HOCKEY ASSOCIATIONS



Train with PEP at every practice! Through PEP's Youth Association Partnership program, coaches of minor hockey teams can instruct PEP themselves. PEP provides the coach training, teaching tools, and plenty of resources to ensure a coach of any skill level or experience can successfully instruct the PEP system to their players.

Teams and associations are looking for more "sustainable," results driven skills programs. Typical drill based providers and Power Skating programs that train without pucks cannot retain player's interest, and therefore build enough quality repetitions over time. Power Edge Pro offers the Power Skating/Technical Skating and resistance/reactionary training by utilizing the patented PEP trainers. This puts FUN back into practices with lots of creativity and challenges.

STANDARD PEP PRICING:

Less than 250 players: **\$97 per player**
251-499 players: **\$87 per player**
500 + players: **\$77 per player**

HOCKEY ALBERTA PRICING:

\$69.95 per player, per season for the first season and \$49.95 per player, per season, for subsequent seasons.

**All prices subject to change based on association geography and certification timing. If less than 120 players, revised pricing may apply.*

- 1 season contract (September 1- March 1st) providing the on-ice training tools and all coaching resources including the iPad Software (Ultimate Mobile Trainer).
- Website endorsement of Association on Power Edge Pro's website
- Web page marketing link for Association's website
- Level-1 certification for all association coaches and a Level 2 for skills coaches.

*See "What is Included with PEP" section for more details.



ASSOCIATION PARTNERSHIP TIMELINE

1. All certifications for the 2018-19 season must be booked by June 1st.
2. Certifications will take place from August to October
3. Enjoy PEP training throughout your hockey season!



HELP YOUR ASSOCIATION EVEN THE PLAYING FIELD.



How does a small town market compete with large market teams with paid coaches and large skill development budgets?

- Rural communities now have the ability to train at an elite level.
- PEP has created an opportunity for all associations, big or small, to compete with large market teams with paid coaches and large skill development budgets.
- No longer do players need to leave to expensive academies to receive the training they need. MORE ice isn't the answer, 5 X the REPETITIONS of a standard drill based practice is the answer.
- Keep Players Local with the Association Pak.

YOUR PLAYERS' DEVELOPMENT WINDOW IS CLOSING.

Ages 8 to 12 are critical years to develop the neuromotor skills necessary to succeed in today's game. PEP emphasizes these key skills in every element of its training program, including:

- Reactive Countering Training is the foundation of the PEP training system, creating multiple muscle responses while using the PEP small space training gear.
- Reactive Linear Crossovers, a prime example of Reactive Countering Training, overloads the nervous system unlike any other form of training, leading to major gains in far less time than traditional skill development systems or power skating.
- The result of training Reactive Linear Crossovers is a high crossover to stride ratio, which has become a hallmark of the game's best players who are able to create elite change of direction, reactive agility, and deception skills.
- Extreme multi-tasking underpins the PEP system and has made Connor McDavid the most electric player in the world.

Already past the critical development age window? The next best time to start PEP's Reactive Countering Training system is today!

