



GUIDE TO FEMALE HOCKEY IN CANADA

September 2016



HockeyCanada.ca



HOCKEY CANADA – FEMALE HOCKEY STAFF RESOURCES



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**START
AT YOUR
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BRANCH**

A HIGH PERFORMANCE HOW-TO: THE ROAD TO TEAM CANADA

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HOCKEY NORTH
HockeyNorth.ca

BRITISH COLUMBIA
U16, U18 Programs
BCHockey.net

ALBERTA
U16, U18 Programs
HockeyAlberta.ca

SASKATCHEWAN
U13, U16, U18 Programs
SHA.sk.ca

MANITOBA
U16, U18 Programs
HockeyManitoba.ca

ONTARIO
U16, U18 Programs
OWHA.on.ca

QUEBEC
U16, U18 Programs
Hockey.qc.ca

NEW BRUNSWICK
U16, U18 Programs
HNB.ca

PRINCE EDWARD ISLAND
U16, U18 Programs
HockeyPEI.com

NOVA SCOTIA
U16, U18 Programs
HockeyNovaScotia.ca

NEWFOUNDLAND & LABRADOR
U16, U18 Programs
HockeyNL.ca

Provincial under-16 & under-18 programs are the first step in High Performance.

Each member runs its programs annually. Contact to get involved early and progress through your member system.

CANADA'S NATIONAL WOMEN'S UNDER-18 PROGRAM CAMPS (INVITATION)

- Strength & Conditioning Camp
- National Team Selection Camp
- Goalie Development Camp

CANADA'S NATIONAL WOMEN'S UNDER-18 TEAM

Summer Series vs. United States
IIHF Hockey U18 Women's World Championship
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CANADA'S NATIONAL WOMEN'S DEVELOPMENT PROGRAM CAMPS

- Strength & Conditioning Camp
- National Team Selection Camp
- Goalie Development Camp

CANADA'S NATIONAL WOMEN'S DEVELOPMENT TEAM

Summer Series vs. United States Nations Cup
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CANADA'S NATIONAL WOMEN'S PROGRAM CAMPS

- Strength & Conditioning Camp
- National Team Selection Camp
- Goalie Development Camp

CANADA'S NATIONAL WOMEN'S TEAM

4 Nations Cup
IIHF Women's World Championship
Olympic Winter Games
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**18-22
YEARS OLD**

**23+
YEARS**



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**MARIE-PHILIP
POULIN**

A JOURNEY TO TEAM CANADA



2005/2007/2008

National Women's Under-18 Championship



2007

Canada Winter Games



2008/2009

IIHF World Women's U18 Championship



2012

Canada's National Women's Development Team



**2011/2012/ 2013/
2015/2016**

IIHF Women's World Championship



2010/2014

Olympic Winter Games

PROGRAM OF EXCELLENCE



Females from all over the country dream of wearing the red and white and representing Canada on the world stage. The Hockey Canada Program of Excellence has three stages of progression. In order to be invited to the Hockey Canada POE, a player must first be part of their member program (see page 27). Earning an invite to be a part of the POE takes a lot of hard work and dedication starting in the early teenage years.

Canada's National Women's Under-18 Team

The first step in the Hockey Canada Program of Excellence, Canada's National Women's Under-18 Team meets three times a year, for a summer strength and conditioning camp and three-game series, typically against the U.S., in August, and again for the IIHF U18 Women's World Championship in January.

These players are selected by Hockey Canada scouts to be invited to camps throughout the year. They are chosen from the member U18 programs that participate in the National Women's Under-18 Championship. Players at this level are also beginning their journey to the university level in their club-playing career. Combining education and hockey is one of the greatest benefits of the sport and it is highly recommended from Hockey Canada to pursue this path to achieve the most growth.

Graduates of this program may move on to Canada's National Women's Development Team to continue their path in Hockey Canada's high performance programs.



HockeyCanada.ca/NWDevTeam
[@HC_Women](https://twitter.com/HC_Women)



HockeyCanada.ca/NWT
[@HC_Women](https://twitter.com/HC_Women)



Canada's National Women's Development Team

The second step in the Hockey Canada Program of Excellence, Canada's National Women's Development Team, meets three times a year, for a summer strength and conditioning camp and three-game series, typically against the U.S., in August, and again for an international tournament in January.

The participants of these camps are invited by the coaches, scouts and management at Hockey Canada. Having been through the U18 member program and fully knowledgeable of the expectations this program maintains, these players typically play at the university level throughout the year and take time for Hockey Canada camps and events.

Players from this team are individually selected to participate in national team camps and events. Over time, players may earn their spot on Canada's National Women's Team.



Canada's National Women's Team

Since 1990, Canada's National Women's Team has been a power on the world stage, winning 10 IIHF Women's World Championship gold medals, four Olympic gold medals and 13 3 Nations/4 Nations Cups.

Players that have graduated from the U18 program to Canada's National Women's Development Team then work for the opportunity to be selected to Canada's National Women's Team, which is the final step in the Hockey Canada Program of Excellence.

It is every little girl's dream to one day play on Canada's National Women's Team and represent the country on the world stage. Women are now being inducted into the Hockey Hall of Fame for their amazing devotion to the game and achievements throughout their careers. Paving the way for the up-and-coming stars, female hockey has a short but rich history and a strong future. The rising stars of today's team are growing to be household names and are role models for girls and women alike.

Throughout the year, members of Canada's National Women's Team play at the university level or are a member of the Canadian Women's Hockey League (CWHL) and take time away from these programs to participate in Hockey Canada camps and events.



HockeyCanada.ca/NWU18Team
[@HC_Women](https://twitter.com/HC_Women)

FEMALE NATIONAL CHAMPIONSHIPS

Throughout the year Hockey Canada hosts various national championships at all levels of female hockey. These events rotate through all parts of the country each year, showcasing the best female hockey players in the game. Check out HockeyCanada.ca, or follow the event-specific social media accounts to get all the information and find out when an event is coming to a city near you.



HockeyCanada.ca/EssoCup



HockeyCanada.ca/NWU18



CanadaGames.ca



CIS-SIC.ca



CWHL.ca

Esso Cup

Five regional champions from across Canada will compete with the host team for the Esso Cup, and the right to be called national champions. The growth of the women's game in Canada continues as a national champion is crowned for women's minor hockey. Canada's National Female Midget Championship is the first club team championship en route to the Program of Excellence.

Esso Cup (Morden, Man., April 23-29, 2017)

National Women's Under-18 Championship

Before they hit the ice for Canada's National Women's Development Team or National Women's Team, the future of women's hockey debuts on the national stage at the National Women's Under-18 Championship, fighting for a gold medal and national bragging rights. Teams comprising the top U18 players from provinces and regions across the country come together to compete.

National Women's Under-18 Championship (Regina, Sask., Nov. 9-13, 2016)

Canada Winter Games

The Canada Winter Games are held every four years, the country's largest multi-sport competition for young athletes with players competing for their home provinces. Women's hockey was introduced at the 1991 Games in Charlottetown, P.E.I. The athletes are the country's next generation of national, international and Olympic champions. Some of Canadian women's hockey's most recognizable names got their national start at the Canada Games, including Meghan Agosta, Jayna Hefford, Caroline Ouellette, Marie-Philip Poulin and Hayley Wickenheiser.

Canada Winter Games (Red Deer, Alta., Feb. 15-March 3, 2019)

CIS Women's Hockey National Championship

Every season, the champions of the four CIS conferences (OUA, RSEQ, AUS, Canada West), the runner-up teams and the host university come together to compete for a national championship. Dating back to the first national tournament in 1998, the event celebrates Canadian Interuniversity Sport, female hockey and education. Some of Canada's greatest female hockey players have played in the event and continue to coach, play and give back.

CIS Women's Hockey National Championship (Napanee, Ont., March 16-19, 2017)

Clarkson Cup

The Clarkson Cup was donated by Adrienne Clarkson, the former Governor General of Canada. It is highly regarded as the Stanley Cup of women's hockey, as it is quickly becoming the ultimate trophy to strive for in this fast-growing female sport. The Clarkson Cup is awarded every March at the conclusion of the Canadian Women's Hockey League playoffs.

Clarkson Cup (Ottawa, Ont., March 2017)



CANADIAN INTERUNIVERSITY SPORT



Canadian Interuniversity Sport is the governing body for university sports in Canada, including women's hockey. There are four conferences within CIS, to reduce travel and better the experience of the student-athletes. Each conference crowns its champion, and those champions compete for the CIS national title every spring.



CANADA WEST UNIVERSITIES ATHLETIC ASSOCIATION



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Edmonton, Alberta
athletics.ualberta.ca
ualberta.ca
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University of Calgary
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mtroyal.ca
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uregina.ca
Head Coach: Sarah Hodges
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306-585-5629
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University of Saskatchewan
Saskatoon, Saskatchewan
huskies.usask.ca
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Head Coach: Steve Kook
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@HuskieAthletics

ONTARIO UNIVERSITY ATHLETICS



LEAGUE INFO:
 OUA.ca
 @OUASport
 /OntarioUniversityAthletics



Brock University
 St. Catharines, Ontario
 gobadgers.ca
 brocku.ca
Head Coach: Jim Denham
 jdenham@brocku.ca
 905-688-5550 ex. 4034
 @BrockBadgers



University of Guelph
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 uoguelph.ca
Head Coach: Rachel Flanagan
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 @ryersonrams



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 utoronto.ca
Head Coach: Vicky Sunohara
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 416-978-2224
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**University of Ontario
 Institute of Technology**
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 goridgebacks.com
 uoit.ca
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 905-259-0417
 @UOITRidgebacks



Laurentian University
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 luvoyageurs.com
 laurentian.ca
Head Coach: Stacey Colarossi
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 @voyageursWHKY



Wilfrid Laurier University
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 wlu.ca
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University of Waterloo
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University of Windsor
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 uwindsor.ca
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Western University
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 uwo.ca
Head Coach: Chris Higgins
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Nipissing University
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 nipissingu.ca
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 yorku.ca
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 @yorkulions

RÉSEAU DU SPORT ÉTUDIANT DU QUÉBEC



LEAGUE INFO:
RSEQ.ca
@RSEQ1
/RSEQ1



Carleton University
Ottawa, Ontario
goravens.ca
carleton.ca
Head Coach: Pierre Alain
pierre.alain@carleton.ca
613-520-2600 ex. 8446
@CURavens



Concordia University
Montréal, Quebec
stingers.ca
concordia.ca
Head Coach: Julie Chu
julie.chu@concordia.ca
514-848-2424 ex. 3858
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McGill University
Montréal, Quebec
mcgillathletics.ca
mcgill.ca
Head Coach: Peter Smith
peter.smith@mcgill.ca
514-398-7005
@MartletHockey



Université de Montréal
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carabins.umontreal.ca
umontreal.ca
Head Coach: Isabelle Leclaire
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514-343-6111 ex. 4794
@Carabins



uOttawa

University of Ottawa
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uottawa.ca
Head Coach: Yanick Evola
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@GeeGeesWHockey

ATLANTIC UNIVERSITY SPORT



LEAGUE INFO:
AtlanticUniversitySport.com
@AUS_SUA



Dalhousie University
Halifax, Nova Scotia
daltigers.ca
dal.ca
Head Coach: Sean Fraser
sean.fraser@dal.ca
902 494-1684



Université de Moncton
Moncton, New Brunswick
umoncton.ca
Head Coach: Denis Ross
denis.ross@umoncton.ca
506-858-4925



St. Francis Xavier University
Antigonish, Nova Scotia
goxgo.ca
stfx.ca
Head Coach: Dave Synishin
dsynishi@stfx.ca
902-867-5409
@XWomenHockey



St. Thomas University
Fredericton, New Brunswick
stu.ca/athletics
stu.ca
Head Coach: Peter Murphy
pmurphy@stu.ca
506-452-0539
@STUWH



St. Mary's University
Halifax, Nova Scotia
smu.ca/athletics
smu.ca
Head Coach: Chris Larade
christopher.larade@smu.ca
(902) 496-8115
@SMUHuskies



Mount Allison University
Sackville, New Brunswick
athletics.mta.ca
mta.ca
Head Coach: Zach Ball
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506-232-2607
@MTA_Athletics



University of P.E.I.
Charlottetown, P.E.I.
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upe.ca
Head Coach: Bruce Donaldson
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902-393-0662
@upeihockey

ALBERTA COLLEGES ATHLETIC CONFERENCE



LEAGUE INFO:

acac.ab.ca

@acac

/AlbertaCollegesAthleticConference



MacEwan University
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Head Coach: Lindsay McAlpine
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@MacEwanHockey



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Head Coach: Deanna Iwanicka
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@naitooks



Olds College
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403-507-9058



Red Deer College
Red Deer, Alberta
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Head Coach: Kelly Coulter
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403-342-3449



SAIT Polytechnic
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Head Coach: Terry Larson
saitwhoc@gmail.com
403-850-8133

HOCKEY CANADA SKILLS ACADEMY



HockeyCanada.ca/HCSA

In order to get the most out of arenas during weekday hours - when most minor hockey players are in school - Hockey Canada believes that a sport program for hockey is required. With that in mind, the Hockey Canada Skills Academy (HCSA) program, a partnership between Hockey Canada and its 13 members, is a step in the right direction. Skills Academy programs are open to both female and male participants of all levels. These programs are partnered with an educational facility and are focused on skills-based development for all minor hockey levels from house league to elite hockey players.

For the 2015-16 season, there were 134 registered Hockey Canada Skills Academy programs in schools across the country, representing eight provinces and one territory. The number of female participants continues to grow, with 597 registrants among the 3,975 total students who were part of the program in 2014-15.

Hockey Canada Skills Academy, by Province and Territory

Alberta	37	Prince Edward Island	4
Ontario	32	Newfoundland & Labrador	1
British Columbia	16	Nova Scotia	1
Manitoba	15	Nunavut	1
Saskatchewan	6		

SPORTS SCHOOLS



In recent years, Hockey Canada felt it was wise to create and develop partnerships that would see sports schools operate within the Hockey Canada family as opposed to operating outside the structure which would see these programs compete rather than compliment our philosophy.

Currently, 21 sports school programs are in operation across the Canada, including 11 with a female program:

Balmoral Hall School (Winnipeg, Man.)	Okanagan Hockey Academy (Penticton, B.C.)	St. Mary's Academy (Winnipeg, Man.)
Banff Hockey Academy (Banff, Alta.)	PEAC School for Elite Athletes (North York, Ont.)	Shaftesbury High School (Winnipeg, Man.)
St. FX Academy (Edmonton, Alta.)	Pursuit of Excellence (Kelowna, B.C.)	Warner Hockey School (Warner, Alta.)
Edge School for Athletes (Calgary, Alta.)	Rothesay Netherwood School (Rothesay, N.B.)	

Many of these programs compete annually at the Female World Sport School Challenge, which was developed in line with Hockey Canada's commitment to foster its growing relationship with sport schools and give players attending sport schools the chance to compete at a higher level.

CANADIAN WOMEN'S HOCKEY LEAGUE (CWHL)



LEAGUE INFO:
 CWHL.ca
 @CWHL_insider
 f /Canadian.Womens.Hockey.League

The Canadian Women's Hockey League is the premier professionally-run women's hockey league in the world. The CWHL is a centrally-funded league, meaning that all participating teams in the CWHL receive equal access to funding and are given the same opportunities to succeed. Every dollar goes towards building a league that is dedicated to raising the profile of women's hockey while providing a place where the best female hockey players in the world can come to train and compete.

The players are the brightest and the fastest — in fact, many of them played for Canada, Russia, Finland and the United States at the 2014 Olympic Winter Games in Sochi. The women's game is based on speed, skill and finesse and creates a family-friendly environment where access to heroes is very possible.

TEAMS OF THE CWHL



SUPPORT Get involved and support the female game by spreading the word, buying merchandise, following on social media, or sponsorships!

PLAY If you are interested in playing in the CWHL, enter yourself in the draft that takes place each summer and follow along with the selections at CWHL.ca.

WATCH Follow all games ONLINE at CWHLlive.com
 Watch LIVE — buy tickets at each event location in Montreal, Boston, Calgary, Toronto and Brampton



Caroline Ouellette
Les Canadiennes de Montréal – Four-time Olympic gold medallist
 "Les Canadiennes are everything to me. They are the reason I have been fortunate to have represented Canada on a world stage. They are the ones I share my highs and my lows with and they are the ones I want to win the Clarkson Cup with."
 @couellette13



Natalie Spooner
Toronto Furies 2014 Olympic gold medallist
 "Being able to play against the best players in North America for my hometown team in the CWHL, the Toronto Furies, really is a dream. I was so proud to become the first woman in CWHL history to win an Olympic gold medal and the Clarkson Cup in the same year! The competition in the CWHL has been stoked by rivalries that were started in university and on the national teams at the world championship and Olympics. The level of play is increasing each year."
 @natspooner5

CLARKSON CUP (CWHL)



LEAGUE INFO:
 CWHL.ca
 @CWHL_insider
 f /Canadian.Womens.Hockey.League

Donated by Adrienne Clarkson, the 26th Governor General of Canada, the Clarkson Cup is the Stanley Cup of women's hockey. Awarded to the champions of the Canadian Women's Hockey League, the trophy is quickly becoming one of the most prestigious in the women's game.

Every season, the teams of the Canadian Women's Hockey League compete to reach the playoffs and have for a chance to lift the Clarkson Cup and be called champions. The CWHL brings together national team members from all over the world to create the top league in women's hockey.

The CWHL Awards Gala also takes place during the Clarkson Cup festivities. Awards are presented for the season in the following categories:

- The Humanitarian Award
- Coach of the Year
- Rookie of the Year
- Goaltender of the Year
- Defenseman of the Year
- Angela James Bowl (Top Scorer)
- Most Valuable Player

Join the celebration online or watch the Clarkson Cup live in Ottawa at the Canadian Tire Centre in March. Follow @cwhl_insider all season to stay updated on the action and find out where you can watch CWHL games in your city or in your home!

THE FIRST SHIFT PROGRAM



TheFirstShift.ca

For \$199, players receive:

- Program Overview, Education
- Expert Fit Session & Equipment Collection
- 6 Weeks, 1x/week, 1 hour
- Consistent day and time
- Focus on fun; precursor to 'learn to skate'
- 1:4 Instructors: Participants Ratio
- 2 education session for parents to support engagement

The program mission is to change the way hockey is offered to bring one million new families into the sport globally over the next 10 years. Because we believe in all hockey has to offer kids, their families and our communities, we designed THE FIRST SHIFT to break down barriers to entry by offering a program that is ACCESSIBLE, AFFORDABLE, and most importantly, FUN! Join us! We can't wait to help your kids fall in love with hockey too.

The First Shift program is open to girls and boys, ages 6-10, that are not currently enrolled in hockey.

THE FIRST SHIFT program is designed to ensure a positive experience for new to hockey families. We want you to experience the game at its best - understand why so many Canadians feel an inherent love for the sport - and stimulate a desire for continued participation.

Canadian Tire and Hockey Canada are pleased to offer minor hockey associations across Canada an opportunity to bring the THE FIRST SHIFT to their community for the 2016-17 season. In order to be considered as a program host, please review the application criteria at TheFirstShift.ca

If you are looking to enroll your young female in the program there is an event locator available on The First Shift website!

ESSO FUN DAYS



REGISTER YOUR EVENT TODAY!
HockeyCanada.ca/Esso-Fun-Days

Since 1998 the Esso Fun Day program has introduced thousands of females to the great game of hockey. This event combines one hour of on-ice instruction with one hour of off-ice instruction to give females of all ages a preview of the game, free of charge, with no pressure to sign up full time. Minor hockey associations or communities apply to host these events locally. They then receive jerseys for all participants and a subsidy from Hockey Canada once it is complete.

Who is the program for?

The program is meant to be a fun day of hockey for first-time participants in the female game, for anyone between the ages of four to 94 who wants to give hockey a try! An Esso Fun Day is for you and it's free. Single-day or six-week program funding is available.

What will the program do for you?

The focus of the day is to introduce players of all ages to the basics, to make new friends, and to try the game without having to make a commitment to sign up for a full season. These sessions can be for youth or adult females so everyone has a chance to play the game.

On-ice activities are to be provided by individuals with Coach Level certification and assisted by other on-ice role models. Participants that are interested in pursuing hockey even further are given the information or an opportunity to sign up at the event.

Six-week program

The Esso Fun Day program also has the option of extending to a full six weeks. It would be the same participants for the full extent returning one night per week to learn the sport of female hockey. Within the application process there is an option for a single-day or a six-week program. Following that, the process to host the event is the same.

How do I get involved?

Host: If your community and minor/female hockey association would like to host an Esso Fun Day please register your event on the HockeyCanada.ca/FemaleHockey website.

Hear: Each association or community across Canada has the ability to host Esso Fun Days during the year. Registration for an event is available on the Hockey Canada website and any questions about hosting can be directed to Mandi Duhamel, manager of female development (mduhamel@hockeycanada.ca). You could also speak to your local association for the potential to host an event locally.

Help: Coaches can also contact their local female association representative to find out about helping out on- or off-ice- with any local events being held.



RECREATIONAL HOCKEY / HEALTHY FOR LIFE



CanadianSportForLife.ca
HockeyCanada.ca/LTPD

Sport Canada's Long-Term Player Development resource paper "Canadian Sport for Life" sets out a framework for sport development in Canada. Hockey Canada's Long-Term Player Development is an eight-stage model based on the physical, mental, emotional and cognitive development of children and adolescents. Each stage reflects a different point in developing the player.

Being an athlete is about more than gold medals and big stages, it's about living a healthy lifestyle. Whether an athlete is in the early stages of life and just beginning to play sports or in the later stages and looking to stay active, hockey is a great opportunity to balance the physical and social aspects of athletics. Incorporating the sport of hockey amongst other activities is a key concept to developing a well-rounded athlete and healthy person.

Recreational Hockey

Women's hockey is a continuously growing sport that females of all ages can take part in across Canada. Each member has its own programming based on the volume of players registered and various levels of its abilities to accommodate as many participants as possible.

Hockey is a fun, exciting and healthy activity which introduces players to new people and great friendships. Want to experience the sport for the first time? Looking to get back involved? Anyone interested should get in touch with their local female hockey association or contact their member (page 31) to find out how to get into the game.

FEMALE OFFICIATING



"I started officiating my first year of college. I needed to pay tuition fees, food, rent, etc. Since I was playing on our college hockey team, the sports coordinator suggested I start officiating to help me financially. I enjoy reffing because i get to be on the ice, I'm amongst the best players in the world, It's also challenging physically and mentally. I've been competing at the highest officiating level, I got to travel, meet new people and I've made a lot of friends around the world. All you need to know is how to skate, the rest can be learned. You can talk to your minor hockey association to get started. Do it for yourself not for anyone else"

Mélanie Bordeleau
2014 Sochi Olympics



The game of female hockey continues to grow and so does the demand for female officials. Officials are an integral part of the sport of hockey and the Hockey Canada Officiating Program is an important development program within the Hockey Canada structure. The program gives officials a tremendous level of satisfaction and access to great opportunities at the national and international level.

Why do I want to become a female hockey official?

- To gain a new perspective and understanding of the game
- To make the game a fun and safe experience for all participants
- To make some additional money in a fun way
- To have the skating ability and basic skills to be an effective official
- To find an alternate way to increase physical activity and fitness
- To create opportunities to officiate at regional, national and international competitions
- For the love of the game

Anyone interested in becoming a female hockey official can register for a clinic through their local minor hockey association and start officiating. Most communities have a local referee-in-chief that sets up clinics. Contact the local minor hockey association, provincial female representative or member referee-in-chief for more information.

WE ARE COACHES



HockeyCanada.ca/We-Are-Coaches
mduhamel@hockeycanada.ca

"After playing hockey for 13 years for a mix of coaches, I fortunately had the opportunity to play for a tremendous female coach and role model while I was in university. She challenged me, believed in me, and gave me the right support in both successful times and through difficult moments. She helped my teammates and I to understand that the skills we were working to master every day - communicating, handling confrontation, and giving support to others - were all things that would help us in our careers, with our families, and in our lives. She modeled that it was possible to balance being a mother and passionately pursuing a career. This experience was so pivotal for me in developing a strong sense of who I am and who I wanted to be as a leader. As I find myself in the same challenging, yet rewarding position she once held, because of that experience I am confident that I will succeed. I am a role model, a mentor, and someone to collaborate with. I coach. I love it."

Cassie Turner
Head Coach, Quinnipiac University
Head Coach, 2015 National Women's U18 Team



Growing the game of women's hockey starts on the bench. Not only does Hockey Canada want to continue to increase the numbers of players, but also increase the number of female coaches in the game. Coaching gives back to the game in so many ways and can create a professional path.

Members host coaching clinics throughout the year to begin training for prospective coaches. Anyone interested can also contact their local minor hockey association to find out how they can volunteer.

We Are Coaches is an initiative driven by Hockey Canada that fully supports the associations from coast to coast that register to host an all-female coaching certification event.

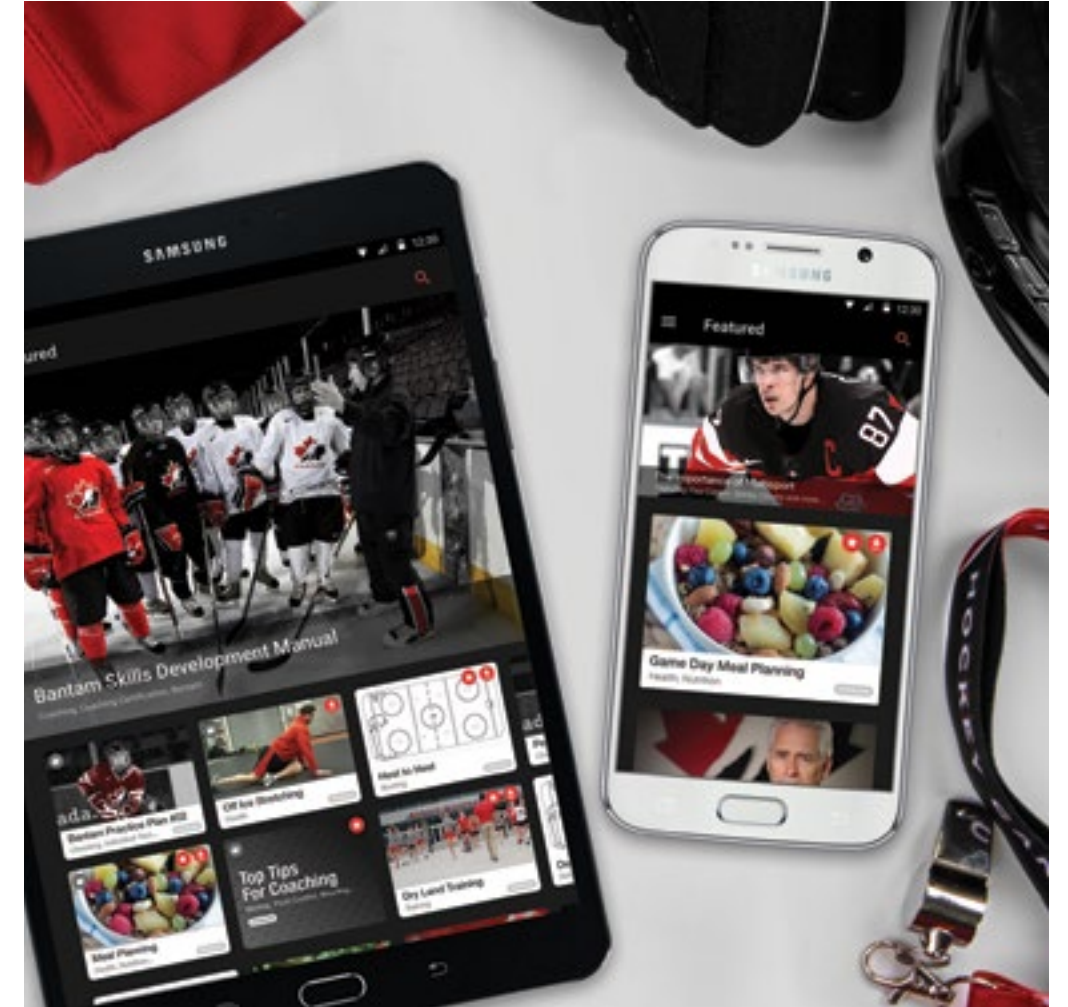
The goals of the initiative are to:

- help build infrastructure to support and sustain the growth of female hockey in Canada;
- develop role models and leaders within the female hockey community;
- remove barriers to coaching education;
- increase the roles and opportunities for females invested in the game;
- educate females on what coaching can bring to their lives.

For any association planning to host an all-female coaching certification event, We Are Coaches can provide financial support by following these steps:

- Notify Mandi Duhamel (mduhamel@hockeycanada.ca) of the approved event
- Set up a registration to record those attending
- Have a certified facilitator host the session
- Submit the requested information and expenses following the event to Hockey Canada for review and finalization

THE HOCKEY CANADA NETWORK APP



HockeyCanadaNetwork.com



HOCKEY CANADA
NETWORK




The Hockey Canada Network gives parents, coaches and players the tools to succeed with drills, skills, videos, practice plans and articles on your tablet or phone.

- On-demand access to thousands of videos, articles and more.
- Over 300 videos to help players develop their skills, covering hockey fundamentals for all ages.
- Over 1,000 drill videos, diagrams and descriptions, helping coaches get the most out of practice time.
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- Over a century of experience and the largest network of hockey professionals in the world.

The Hockey Canada Network app is available for iOS and Android devices. Download it now for free from the Apple App Store or Google Play and start exploring videos and articles. For full, unlimited access to all content and features, subscribe to Hockey Canada Network Premium.

USEFUL RESOURCES

	Drill Hub	HockeyCanada.ca/DrillHub
	Player Skills Videos	YouTube.com/HockeyCanadaVideos
	Goalie Skills Videos	YouTube.com/HockeyCanadaVideos
	Female University Education Workbook	HockeyCanada.ca/EducationWorkbook
	HC - Female Hockey	HockeyCanada.ca/FemaleHockey
	HC - Coaching Information	HockeyCanada.ca/We-Are-Coaches
	HC - Officiating	HockeyCanada.ca/Officials
	Canadian Interuniversity Sport	CIS-SIC.ca
	Canadian Association for the Advancement of Women in Sport and Physical Activity Leadership and Development	CAAWS.ca
	Female Coaching Network	FemaleCoachingNetwork.com
	Coaches Association of Canada	Coach.ca/Women-in-Coaching-s16529

MEMBER CONTACTS - FEMALE HOCKEY


BC Hockey
 6671 Oldfield Road
 Saanichton, B.C. V8M 2A1
 Tel/Tél. : 250-652-2978
 www.bchockey.net
Female Hockey Contact
 250-652-2978
 minorrec@bchockey.net


Hockey Alberta
 100 College Blvd., Box 5005, Room 2606
 Red Deer, Alta. T4N 5H5
 Tel/Tél. : 403-342-6777
 www.hockeyalberta.ca
Female Hockey Contact
 Kendall Newell
 403-342-6777
 knewell@hockeyalberta.ca


Saskatchewan Hockey Association
 #2 - 575 Park Street
 Regina, Sask. S4N 5B2
 Tel/Tél. : 306-789-5101
 www.sha.sk.ca
Female Hockey Contact
 Derek Derow
 306-789-5101
 derekd@sha.sk.ca


Hockey Manitoba
 145 Pacific Avenue, Room 508
 Winnipeg, Man. R3B 2Z6
 Tel/Tél. : 204-925-5755
 www.hockeymanitoba.ca
Female Hockey Contact
 Dustin Stewart
 204-926-8355
 dustin@hockeymanitoba.ca


Ontario Women's Hockey Association
 225 Watline Avenue
 Mississauga, Ont. L4Z 1P3
 www.owha.on.ca
Female Hockey Contact
 Pat Nicholls
 905-282-9980
 pat@owha.on.ca


Hockey Québec
 7450 boulevard les Galeries d'Anjou, suite 210
 Montreal, Que. H1M 3M3
 Tel/Tél. : 514-252-3079
 www.hockey.qc.ca
Female Hockey Contact
 Eric Hurtubise
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 ehurtubise@hockey.qc.ca


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 www.hockeypei.com
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Hockey New Brunswick
 861 Woodstock Road
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 Tel/Tél. : 506-453-0089
 www.hnb.ca
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 32 Queensway
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 Tel/Tél. : 709-489-5512
 www.hockeynl.ca
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 7 Mellor Avenue, Suite 17
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 www.hockeynovascotia.ca
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 3506 McDonald Drive
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 Debbie Strome
 250-426-3281


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 www.hockeycanada.ca


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 Ottawa, Ont. K1N 6N5
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